November 2026

Pine Bush Central School District Pre-K Menu

2 **Breakfast:** NEW! WG Teddy Grahams Low Fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Golden Chicken Tenders Baked Tater Tots Steamed Carrot Coins Fresh Fruit 1% Milk	**3** Superintendent's Conference Day No School	**4** **Breakfast:** WG Lemon Loaf Fresh, Dried, or Canned Fruit 1% Milk **BRUNCH for Lunch:** Cinnamon French Toast Sticks w/ Warm Applesauce Chicken Sausage Patty Oven Roasted Potatoes 1% Milk	**5** **Breakfast:** WG Mini Blueberry Pancakes Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Homemade Mac & Cheese Steamed Broccoli Fresh Fruit 1% Milk	**6** **Breakfast:** WG Blueberry Muffin Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Homemade Cheese Pizza Garbanzo Bean Salad Chilled Applesauce 1% Milk
9 **Breakfast:** Reduced Sugar Lucky Charms Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Breaded Popcorn Chicken WG Mini Biscuit Mashed Potatoes Fresh Fruit 1% Milk	**10** **Breakfast:** Cinnamon French Toast Sticks Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Hamburger on a Whole Grain Bun Vegetarian Baked Beans Fresh Fruit 1% Milk	**11** Veterans Day No School	**12** **Breakfast:** WG Mini Confetti Pancakes Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Homemade Beef Soft Taco Steamed Golden Corn Fresh Fruit 1% Milk	**13** **Breakfast:** WG Corn Muffin Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Homemade Cheese Pizza Tossed Romaine Salad Chilled Blueberries 1% Milk
16 **Breakfast:** Nut Free Granola Low Fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Golden Chicken Tenders Mashed Potatoes Fresh Fruit 1% Milk	**17** **Breakfast:** WG Mini Maple Waffles Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Baked Pizza Crunchers Steamed Broccoli Chilled Applesauce 1% Milk	**18** **Breakfast:** WG Blueberry Bread Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Cheeseburger on a Whole Grain Bun Vegetarian Baked Beans Fresh Fruit 1% Milk	**19** **Breakfast:** Egg & Cheese on Bagel Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Cheese Lasagna Steamed Mixed Veggies Homemade Apple Crisp 1% Milk	**20** **Breakfast:** WG Apple Cinn. Muffin Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Homemade Cheese Pizza Fresh Cucumber Salad Chilled Peaches 1% Milk
23 **Breakfast:** Reduced Sugar Cinnamon Toast Crunch Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** All White Meat Breaded Chicken Filet on a Whole Grain Bun Steamed Green Beans Fresh Fruit 1% Milk	**24** **Breakfast:** WG Bagel w/ Cream Cheese Fresh, Dried, or Canned Fruit 1% Milk **Lunch:** Harvest Waffle Chicken Sausage Patty Warm Cinnamon Apples Oven Roasted Potatoes 1% Milk	**25** **Breakfast:** WG Banana Bread Fresh, Dried, or Canned Fruit 1% Milk **1/2 day Lunch:** Anytimer Pizza Kit Baby Carrots Fresh Fruit 1% Milk	**26** 	**27**
30 **Breakfast:** Cinnamon UBR Fresh, Dried, or Canned Fruit & 1% Milk **Lunch:** All White Meat Chicken Nuggets Oven Baked Fries Steamed Green Beans Fresh Fruit 1% Milk				

Meals are provided to ALL Students at NO Cost!

Alternate Entrée Option

Our Pre-K students can choose from our featured lunch entrée of the day or they may select a Turkey and Cheese Sandwich on Whole Grain Bread.
Both entrees are served with fruit, veggie, and milk.

**Menu subject to change
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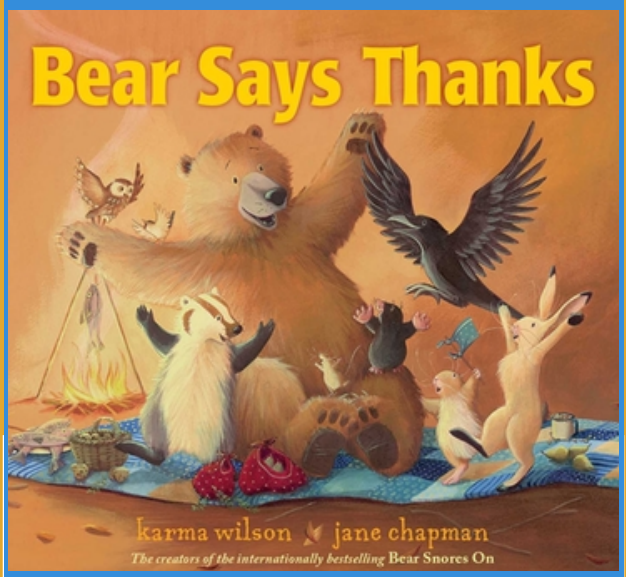
WHAT'S FOR LUNCH?

- First Meals are FREE!
- Menus & Nutrition Info
- Set Allergen Alerts

BOOK OF THE MONTH

Bear Says Thanks by Karma Wilson



HARVEST OF THE MONTH

Broccoli

Broccoli contains more vitamin C than an orange.

Broccoli comes in several varieties, one of which is purple.

Though first brought to America in the mid-1700s, broccoli was not commercially grown in the US until 1924.